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”Youthpass a key to unlock the future”

APV: 23-26 March, 2017

EXCHANGE: 28 April – 07 May 2017

Daugavpils city, Latvia

Dear partners and participants,

We are glad to welcome you to the APV/Youth Exchange ”Youthpass a key to unlock the future” and we are looking forward to meet you in Daugavpils very soon. Please, read all the provided information carefully and don’t hesitate to contact us with anything related to your participation in the project.



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About the project

As many countries are reforming public education and considering the fact that, no formal education and intercultural learning are key elements in this transition, it is always more noticeable the need for recognition of non formal competences. Perhaps, such issue is one of the most debated in the youth field, among youth workers and policy makers. One of the main steps related to the topic was the launch of Youthpass in 2007 with the aim of supporting the validation and recognition of non-formal learning in Europe within the framework of the Youth in Action programme.

Objectives

Objectives:

- To familiarize participants with the concept of Youth Pass as an educational program and its possibilities within and on the outside of Erasmus +
- To explore the 8 key competences and to give participants an understanding of what each competence refers to
- To give participants a clear understanding of Youthpass and how it works
- To develop participant's competences in intercultural learning
- To contribute to young people's personal development,
- To help them to set up learning and career goals by creating a safe atmosphere for non-formal learning,
- To develop participants' life-long learning competencies, self-awareness and promote active and creative participation of young people in processes and events around them.
- To set up strategies for the better recognition of youth work and non – formal education in YE context



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APV (23-26 March 2017)

APV is planned to happen a month before the youth exchange. Group leaders and the organizing team have the chance to meet in person, discuss the programme in details and make the final decision and to share the roles within leader team.

Aims of the APV:

- Get know each other, and organizations
- Get know the aims and goals, results of the exchange
- Preparing detailed program and roles
- Get know the groups:
- Speak about the group preparation
- Task of leaders
- Potential conflicts and solutions
- How we can continue the program, the topic at home, after the exchange

Participants

Participants APV are youth leaders, youth workers, people who will be the leaders of the youth exchange. For the leaders of the youth exchange has **no age limits**. Each partner in the APV should send one representative.

Participating countries: Latvia, Serbia, Spain, Turkey, Bulgaria, Norway, Italy and Croatia.

YOUTH EXCHANGE: 42 participants from 8 country: Latvia, Serbia, Spain, Turkey, Bulgaria, Norway, Italy and Croatia.

5 participants per organization; 1 group leader + 4 participants

As this is a youth exchange participants will be 18-25 as the pillar topics we estimate are most appealing to this age group.

Participants of this exchange will be young unemployed people who are still deciding about their goals, still exploring their carrier opportunities. Exchange will help them to become more self-aware and gain skills and knowledge that can be easily transferred to other educational and working contexts and help them in search for job or applying for studies.

Participants should be ready for an intercultural experience. and interested in becoming agents of change in their organizations and communities.

The participants should be:

- Be able to work in English
- Fully participate in all the workshops and activities on the Youth Exchange.
- Share the newly acquired knowledge with members of their sending organization once they get back from the exchange, and take part in the follow up activities.
- Be able to attend the entire duration of the Youth Exchange



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THE APV WILL START AT 7 PM (DINNER TIME) ON MARCH 23th. PLEASE MAKE YOUR TRAVEL ARRANGEMENTS ACCORDINGLY !!!

THE PROJECT YOUTH EXCHANGE WILL START AT 7 PM (DINNER TIME) ON APRIL 28th. PLEASE MAKE YOUR TRAVEL ARRANGEMENTS ACCORDINGLY !!!

Finances

The youth exchange is implemented by support of the European Commission programme ERASMUS+ and the Latvian National Agency. Travel Expenses (according to Erasmus+ guidelines), accommodation, food and planned activities will be covered by the project budget.

We will reimburse travel costs as listed below on the basis of the *cheapest* possibilities, e.g. second class railway tickets, APEX-flights etc. by bank transfer after the training and the receipt of all ORIGINAL tickets, bills, invoices, receipts, boarding tags/cards etc. Following the guide lines of the Erasmus + programme the travel back must be realised by the participants on direct way within maximum 2 days. In case of longer stays or indirect travelling (holiday travel etc.) there is no chance of reimbursement of travel costs. Missing tickets will not be reimbursed. Please, keep the original tickets in order to get money back.

Maximum travel costs for each participant is from home town to Daugavpils (LATVIA) and back:

Country	Number of persons/APV	Number of persons/YE	Costs per person
Latvia	2	6	20.00
Serbia	1	6	170.00
Norway	1	5	170.00
Bulgaria	1	5	170.00
Italy	1	5	270.00
Spain	1	5	620.00
Croatia	1	5	170.00
Turkey	1	5	170.00

IMPORTANT: PLEASE KEEP ALL YOUR ORIGINAL TRAVEL INVOICES AND BOARDING PASSES

(- before buying the tickets –please consult with ARTILT-D organizing team here:

artilt.dauga@gmail.com

- After the tickets are purchased- send the invoice to email to the same email:

artilt.dauga@gmail.com)



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Accommodation

Name: **AMBER Hostel**
Address of accommodation:
Daugavpils, Krimuldas street 41



All participants of the Youth Exchange will be accommodated in "AmberHostel" in Daugavpils. The hostel offers a wide choice of services. The complex is located just a few minutes walk from the large Stropu lake. On the territory of the hostel you'll have an opportunity to play football, volleyball, basketball, there is a gym, table tennis, novus, as well as a special



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room, where classes can be held in rainy weather. On the territory of the sport complex there is a relaxation area for participants- sauna. That is why – do not forget to take swimming suit with you if you want to enjoy Latvian culture to its best!

How to get there:

First of all:

Check flight options to three airports:

Riga international airport (240 km from Daugavpils)

Vilnius airport (175 km from Daugavpils)

Kaunas airport (210 km from Daugavpils)

RIGA AIRPORT:

This is recommended option and of course option Number 1., because of the best connectivity between Riga airport, Riga and Daugavpils. You can use either bus or train in order to get to Daugavpils city. Timetables can be checked here:

Please use this internet portal: (<http://www.1188.lv/en/transport>)in order to search for bus or train in order to get from Riga to Daugavpils and back to Riga.

VILNIUS AIRPORT:

There *are not* many options how to get from Vilnius airport to Daugavpils. But if the whole group of one country will come to Vilnius airport and the flights will be reasonably cheap - it is possible to have a private company bus to drive you to Daugavpils and the price will not be much higher or sometimes even cheaper than it would be by public transport.

Please check official website here:

<http://www.vilnius-airport.lt/en/planning-a-trip/how-to-reach/train-bus/>



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Bear in mind that you will need to get to Vilnius Bus Station (<http://autobusustotis.lt/en/>) first and then take a Bus to Daugavpils city. Bustickets are not available online, but there is always an option to buy a ticket at the busstation in Vilnius

KAUNAS AIRPORT:

Please check information about transportation with Kaunas airport here: <https://www.kaunas-airport.lt/index.php?lang=en>

As well – you will need to get to bus station first and then find bus to Daugavpils. Check busstation options here: <https://www.autobusubilietai.lt>

It is also not very well connected with Daugavpils, that is why it will be much easier to organise a private car or minibus to Daugavpils, than to find a bus connection.



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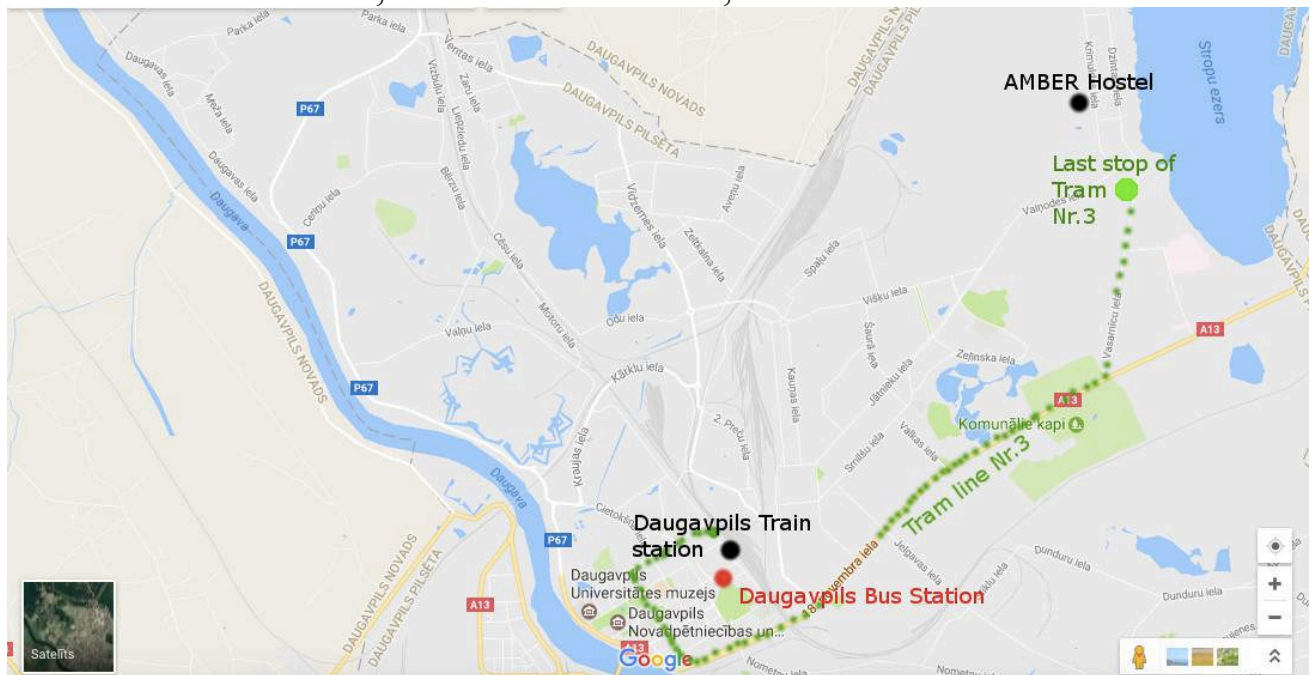
ARRIVING TO DAUGAVPILS:

Address of accomodation:

***AMBER* hostel**
Daugavpils,
Krimuldas street 41

Best option to use Taxi or Tram Nr.3

Taxi will cost 5-7 eur, Tram ticket costs 0,43 Eur



TRAM timetable available here only in Latvian language:
<http://satiksme.daugavpils.lv/tramvaju-kustibu-saraksts>



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Arriving to Daugavpils via TRAIN



Attēls Nr. 1 Daugavpils TRAIN station

You will need to use Tram Nr.1 and Tram Nr.3 .

First catch a Tram Nr.1, which is located 2-3 minutes walk from Train station.

Take Tram line Nr.1 and get off on a station Universitāte(University). Then at the same tram stop wait until Tram Nr.3 arrives.

Tram Nr.3 ride will take at least 30 minutes and you should get off on last station called Stropu ezers (lake Stropu)

Arriving to Daugavpils via BUS

Using Public transport is cheap and will save you a bit of money, but it will take you a little bit more time. Taxi from bus station to Hostel will be 5-7EUR, but tram ride would cost 0,43EUR.

If not Taxi- then walk up to Tram line Nr.3. You need to find Tram stop called 'Pilsetas poliklinika'(City hospital). It is located 7-10 minutes walking from Bus Station

Wait until Tram Nr.3 arrives and tram Nr.3 ride will take you at least 25 minutes and you should get off on last station called Stropu ezers (lake Stropu).



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Food

The provided food (3 meals a day) may differ from the food you are used to from home. However, we will try our best to accommodate your needs and dietary requirements. Please make sure, you indicate any special needs in the application form!

What to bring

- **Insurance** - Travel Insurance is your own responsibility
- About your NGO - During APV will be a informal opportunities to present your NGOs' work. We fully encourage you to bring as much – relevant – materials as possible. Very useful is:
 - Information in English language about your organization;
 - Other relevant information about your previous international projects you have organized ;
 - Pictures, posters, leaflets and booklets of your NGO related to independent living;
- Necessary things for representing your country (FOR EXCHANGE), because we will have intercultural evenings and this mean that you will have your own space (around 15 min) to present your traditions, cultures or whatever you think represent your country to the whole group. Try to make something interactive for people, make them participate, try to show culture but please, don't play long videos from Youtube because this is something we can do at home, we would like to really experience your country in real life.
 - And for sure, don't forget to bring food & drinks from your countries!!
 - Very good mood and Energy to spend in Daugavpils;



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Where is Daugavpils?

Daugavpils (Russian: Даугавпилс) is a city in southeastern Latvia, located on the banks of the Daugava River, from which the city gets its name. Daugavpils literally means "Daugava Castle".

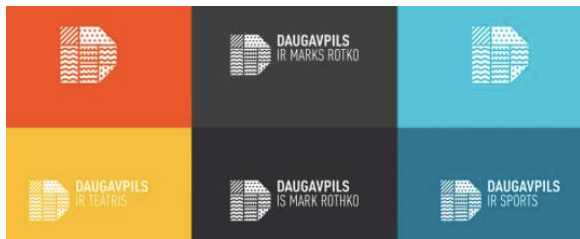
It is the second largest city in the country after the capital Riga, which is located some 230 kilometres to its north-west. Daugavpils has a favorable geographical position as it borders Belarus and Lithuania (distances of 33 km and 25 km respectively). It is located some 120 km from the Latvian border with Russia.

Daugavpils is a major railway junction and industrial centre and lies approximately midway between Riga and Minsk. The city is surrounded by many lakes and nature parks. It is also known for its overwhelmingly Russian-speaking population.

Money

We use euro currency. And as well in Latvia it is very usual to use Debit/Credit cards. Majority of the shops are able to receive payments with cards, however, you will need to have some spare cash to spend on bus/tram tickets.

In some of the Taxi you can use your Bank Card, but it is not very popular in Daugavpils. So better to have Cash in order to use Taxi service.



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If you have any questions concerning your participation or need additional information please feel free to contact us anytime !!!

Contact TEAM:

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SEE YOU SOON IN LATVIA!