





preventing the riSe of rAdicaLism and islAMophobia through art

11th - 18th June 2016

Palermo, Italy

Information Pack

DG EAC Erasmus+

Key Action 1: Mobility of youth workers

Training Course

Centro per lo Sviluppo Creativo "Danilo Dolci" www.danilodolci.org

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Dear Participant,

Congratulations on your selection to participate in the SALAAM Training Course!

You are going to spend 7 days in a wonderful location in the EcoVillaggio Solidale Fiori di campo, a facility that has been confiscated by mafia and managed by the **Cooperativa Sociale Libera–Mente Onlus** since 2012. This eco-village is located in Maria di Cinisi, near to the sea and close to Palermo, the capital of Sicily.

In this Info Pack you will find information on the logistic aspects, preparation activity and many other details that will make your stay in Palermo enjoyable as soon as you arrive!

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SALAAM in a nutshell

SALAAM - preventing the riSe of rAdicaLism and islAMophobia through art is an 7-day-long Training Course that aims at promoting inter-cultural dialogue and developing youth workers' skills to transfer the values of freedom, tolerance, democracy and respect of human rights.

Youth Workers play an important role in empowering and engaging youth in active citizenship and in transferring these values to marginalised young people, while enhancing their sense of belonging to a shared community.

In such a framework, SALAAM intends to increase youth workers' ability to work for a comprehensive integration of migrants and disadvantaged youth preventing radicalism and fighting islamophobia using non formal education tools, especially arts, and the Reciprocal Maieutic Approach by Danilo Dolci.

This project will bring together 32 participants (27 Youth Workers, youth facilitators and project leaders working with disadvantaged young people, migrants, refugees and asylum seekers or young people with fewer opportunities + 3 trainers + 2 support staff) from 11 countries: Bulgaria, Greece, Portugal, Poland, Italy, Spain, Turkey, Albania, Bosnia, Montenegro, and Serbia.

The **objectives** of this Training Course are:

- To foster inter-cultural dialogue and social cohesion within the youth field by improving youth workers' ability to prevent radicalisation and counteract Islamophobia across European and Balkan countries.
- To improve the skills and competences of youth workers and better promote their knowledge of non-formal methods and innovative approaches to learning in the field of inter-cultural, inter-religious dialogue and social inclusion.
- To demonstrate the role of non-formal education approach in developing the values of solidarity and tolerance among young people and support their active participation in democratic life.
- To improve the potential of youth work to connect young people thus creating new opportunities for them to put their ideas into practice and foster the inclusion of those with fewer opportunities.



SALAAM activities foresees:

- the active involvement of participants in the theoretical and practical sessions, nonformal activities, creative and artistic activities, team-building activities;
- inclusive and cooperative learning: participants will be actively involved in the learning process and cooperation among participants will be fostered through group work and interaction;
- a peer-to-peer approach: participants will be encouraged in sharing their knowledge, experiences and ideas, not only during the activities (Inter-cultural dinners, Partner organisations' fair) but also in non-formal moments (coffee-breaks, dinners, etc.);
- the use of art as a tool to foster inter-cultural dialogue and to prevent the rise of radical ideas: through the art workshops, participants will have the chance to experience directly the non-formal learning methodology and the use of different forms of art to prevent the raise of radicalisation and Islamophobia. Creative thinking and art will be used during the whole TC. They will help participants in finding innovative solutions for issues related to radicalisation, Islamophobia, inter-cultural dialogue and social inclusion.
- the RMA: by experimenting this methodology, participants will be provided with a tool to manage conflict situations and to foster inter-cultural dialogue. It fosters non-violent communication and tolerance towards others' viewpoints by valuing them.

For a detailed description of the activities, please, check the work programme you have received previously!





About ERASMUS+

Erasmus + (2014-2020) is the new 16 billion euro catch-all framework program for education, training, youth and sport. It is built on the well-known and respected EU brand of the highly successful Erasmus student exchange program.

All previous programs like Youth in Action, Erasmus and LLP are included in Erasmus+. It is divided into 3 principal pillars: education and formation, youth and sport.

The main objective of Erasmus plus is to improve employability of the youth by acquiring supplementary competences appreciated by employers, as well as improving their language skills and flexibility.

The youth sector part will be based around three different types of projects, known as Key Actions.

These three Key Actions are:

• Key Action 1: Learning mobility of individuals.

It is addressed to Staff (teachers, trainers, school leaders and youth workers) and students. Here we can find the old Youth in Action actions 1.1, 3.1, 2 (EVS), 4.3 (which now can be up to 2 months).

Key Action 2: Co-operation and Innovation for Good Practices

It is addressed to Universities, international NGOs and youth workers. In this action will be included the old 1.2 action, but only the trans-national youth initiatives. The national youth initiatives will disappear. It will also be included short term and long term EVS for youth workers.

Key Action 3: Support for Policy Reform

In this action will be included the old action 5 from Youth in Action. It will also be included EU presidency events and Council of Europe events.

For more information please visit:

http://ec.europa.eu/programmes/erasmus-plus/index_en.htm





Contact details during the training course

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Do not forget to verify that your telephone package includes international communications!





Financial and Reimbursement Information

What you have to know about the travel and reimbursement?

Travel costs are based on the automatic calculation of the costs based on the distance calculator from the European Commission: http://ec.europa.eu/programmes/erasmus-plus/tools/distance-en.htm.

In order to get your reimbursement, please pay attention to the following procedure.

- 1) First of all, **KEEP ALL** the tickets you get to prove your expenses (bus tickets, train tickets, electronic flight ticket, travel agency reservations, etc.) from the city your travel starts to the arrival.
- 2) Second: **KEEP ALL** your flight boarding passes (outward and return).

We cannot reimburse you if we do not receive the details of your travel and proofs of your expenses!

- During the TC we will ask you to provide printed copies of:
- 1) All original tickets and receipts with the price and itinerary (electronic receipts without the price cannot be considered).
- 2) Outward boarding pass.
- 3) Photocopy of your ID card or Passport.
- 4) Bank details for the reimbursement.

Please bring it directly with you because it is not possible to print anything in Fiori di campo!

As already written in the registration form, the reimbursement will be up to the maximum cost covered by the EU grant (always on the base of actual costs). The eventual exceeding amount has to be covered by participant's own financial contribution.

All your tickets and receipts will be copied and checked with you during the TC by CSC financial department. The reimbursement will be done by bank transfer after the TC, once CSC has all the originals - even that prove the expenses of your way back: return boarding passes, transport tickets, reservations, receipts from travel companies, etc

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Preparation activities

Please read carefully the following guidelines and feel always free to ask for further clarifications if needed.

ICE-BREAKING ACTIVITIES AND DAILY ENERGIZERS

Every morning, before start of the sessions you will be free (and more than welcome!) to propose your own activities and games. Thus, you can already **prepare some energizers** in order to start the day in a good mood! Please, keep in mind that it should last **no longer than 15min**.

MAPPING THE RISE OF RADICALISATION - NATIONAL SITUATION ON RADICALISATION, ISLAMOPHOBIA, MIGRATION, POLITICAL ASPECTS—12th of June 2017

Before coming to the TC, you are asked to collect information about the **national situation on radicalisation**, **Islamophobia**, **migration**, **and political aspects in your country** in order to present your national context and – finally – allowing to have an overview of the situation in the different countries. You can choose the tool you prefer to present the results of this research (Power Point, Prezi, oral presentation, flipchart etc.). A good point to start your work is the RAN, the Radicalisation Awareness Network (link: https://ec.europa.eu/home-affairs/what-we-do/networks/radicalisation_awareness_network_en). This page of the European Commission is a collection of approaches and practices which can help you to reflect on the roots of radicalisation challenge and on successful approaches to tackle it. You are also asked to specify what it has been done in your country regarding the prevention of radicalism and Islamophobia and the level of awareness of youth in this kind of topic.

Partners' Organization Fair – 12th of June 2017

During the TC, every organization will have a space to present its scope of activities. All participants will move around the spaces and interact among them to discover more about each other's organizations.

Please **bring with your information materials about your organization** to present its activities, especially those relevant to the themes of social inclusion and – if available - fight against radicalisation - in an interactive and informal way to exchange experiences and skills. The presentation can be oral, or other alternative tools of presentations (posters, leaflets and any other visibility objects or gadgets).

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INTERCULTURAL DINNERS - 12th and 13th of June 2017

All national groups will be given the time to present their culture in relation with the topic of the TC during the Intercultural Dinners, which is a great opportunity to learn about each other's cultures, share traditions and have fun all together.

Prepare a creative presentation, we are not against PowerPoint but we would be very happy if you challenge yourself with using more interactive ways like singing, dancing, acting or whatever suits you. Remember that you will present during the evening and you need to catch the attention of participants who might be tired from the working.

Please bring with you products, food and drinks which don't need to be cooked because there won't be such option. However, there will be a fridge where you can preserve some food.

You can also share with the rest of the participants your country's traditional music and dance! Although try to manage your time as the duration of the presentation of you country can be maximum 10 minutes.





HOW TO GET TO PALERMO?

To get to the training course venue

The easiest and fastest way to reach Palermo from abroad is by plane. The Palermo airport or also known as Falcone – Borsellino airport¹ is located 35 km outside the city of Palermo. Various low cost airline companies fly daily from and to Palermo, making Palermo airport one of the busiest airports of South Italy.

ONCE YOU GET AT THE AIRPORT, PLEASE, SEND A MESSAGE TO PISTI: (0039) 3493038258.

It's very important for us to know your arrival time in advance in order to organize the transfer to "Fiori di Campo". In case of delay of your flight please contact or send a text message to the number specified above!

Person of the CSC support staff will wait for you at the airport holding a paper CSC and will take you to "Fiori di Campo" – venue of the Training Course. It will take about 10 minutes.

¹ The airport was given the name Falcone – Borsellino in memory of the two leading anti-mafia judges Gioavanni Falcone and Paolo Borsellino who were murdered by the mafia in 1992.

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ACCOMODATION AND TRAINING LOCATION

The Training Course will take place in an eco-village "Fiori di Campo" in Marina di Cinisi, on the seaside and 25km from Palermo. The place is surrounded by tree-lined streets and Mediterranean vegetation that make it a unique place. Accommodation will be done in shared rooms of 3 to 6 people.

Link to the website of the association managing the accommodation: http://www.liberamenteonlus.it/

Things to bring:

- Towels.
- and of course, your swimsuit (the sea is in front of our accommodation)!







THE CITY OF PALERMO

Palermo is a city that breaths history and offers numerous of sights that you can visit. Palermo has been elected in the recent past the European Capital of Street Food. In a recent ranking by Forbes, it was listed among the top five in the world for cities with great street food, holding the top spot in Europe. Palermo was once known as "the garden city" because of its numerous parks and public gardens. Many of these are now part of private villas.

The programme of the Training Course foresees free time so that you have the chance to explore Palermo, a city that breaths history and offers numerous of sights that you can visit. Palermo has been elected in the recent past the European Capital of Street Food. In a recent ranking by Forbes, it was listed among the top five in the world for cities with great street food, holding the top spot in Europe. Palermo was once known as "the garden city" because of its numerous parks and public gardens. Many of these are now part of private villas.





5 TOP SIGHTS IN PALERMO

Piazza Pretoria: In Piazza Pretoria lies a magnificent fountain that when first publicly presented to Palermitans in 1575, it brought an outcry as the nude statues shocked local society to the point, to name it Fontana della Vergogna or "Fountain of Shame."

Teatro Massimo: The famous opera building that was built in 1897 and is one of the biggest opera places in Europe was closed in 1974 for over twenty years for renovation so that it could be conformed with modern safety regulations.

Quattro Canti (Four Corners) is a landmark of the historic center of Palermo, and it dates back in 1600 where the city was divided in four sections. Each corner has one fountain and statues of the seasons, Spanish kings and patron saints making it one of the most imposing places in Palermo.

Catacombe dei Cappuccini are burial catacombs. Nowadays they are a tourist attraction and they hold an extraordinary historical record as they have 8000 mummified bodies that belonged to nobles, bourgeois and representatives of the clergy from 1500 A.D. till the end of the 19th century.

Ballarò Market: one of the most vivid street markets of Palermo that preserve its Arabic style during the last 1000 years. Walk around Ballarò and try its famous cheap and delicious street food!











BE SAFE AND SOUND: Safety and other Useful Info

As in any other big European cities, you need to be cautious and take the necessary measures so that you don't make yourself an easy target for pickpockets. Don't carry around expensive cameras or wear expensive jewelries and avoid walking around dark narrow streets during the night if you are alone. Also, as in every city avoid the Central Station area during the night.

Weather forecast and clothes

Before coming please check the temperature: http://www.meteo.it/previsioni/Palermo/istat-82053.

As the weather will be hot, be aware of mosquitoes! Do not forget to bring with you spray antimosquitoes in case they like you!

The accommodation will be close to the seaside, so do not forget swimsuits, sun cream and towels!

Banks

ATMs are easily available. There are exchange offices at the airport (8am to 7pm Monday to Saturday) and at the train station (8am to 8pm). Monthly accounting rate of the euro - Currencies: http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en

Phone calls

The National City code for Palermo is 091. If you call from abroad dial +39 091 (...)

We highly recommend you to get an insurance to be safe during the stay and trip. However, those insurance expenses cannot be covered by the Project.





Useful Italian Sentences

My name is	Mi chiamo
Good morning	Buongiorno
Good afternoon	Buon pomeriggio
Good evening	Buona sera
Good night	Buonanotte
How are you?	Come stai?
I'm fine	Sto bene
I feel bad	Sto male
I come from England	Vengo dall'Inghilterra
I would like to buy a bottle of water	Vorrei comprare una bottiglia d'acqua
I would like to buy a sandwich	Vorrei comprare un panino
I would like to buy an ice-cream	Vorrei comprare un gelato
How much is it?	Quanto costa?
Thank you	Grazie
Excuse me	Scusa/Scusi
I'm sorry	Mi dispiace
I don't understand	Non capisco
Do you speak English?	Parla inglese?
I don't speak Italian	Non parlo italiano
The bill, please	Il conto, per favore

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Ten things to deal with in Palermo

This list was drafted by three volunteers who lived in Palermo and worked at CSC Danilo Dolci.

- 1. Be cautious and express your presence while crossing the road
- 2. Be prepared for the garbage on the streets. TRY TO IGNORE IT!
- 3. Don't be afraid to speak Italian and of making mistakes!
- 4. Be patient and flexible!
- 5. Enjoy and experiment the Italian cuisine!
- 6. Always see the funny side of things!
- 7. Be prepared for the very expressive body language!
- 8. Be curious, don't be afraid and explore all little corners to find the hidden beauty!
- 9. Be open to the multicultural side of Palermo
- 10. Make sure you have fun!





WE REMAIN AT YOUR DISPOSAL FOR ANY FURTHER INFORMATION YOU MAY NEED!



Looking forward welcoming you in Palermo, SALAAM is awaiting you!

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