



Film me: Inclusion

Mobility of Youth KA1 Erasmus +
Organizer: Mozkóképmás Egyesület (Hungary)

Arrival Date: 10th December 2017 **Departure Date:** 17th December 2017
Sopron, Hungary

ABOUT THE PROJECT

The theme of the project grasps the notion of social inclusion- as not just about having access to mainstream services- but it is about PARTICIPATION in the community as active citizens.

Reducing the barriers to inclusion requires integrated effort across government and non-government agencies at all levels, horizontally and vertically, influencing policy and practice through direct links to individual experience.

Through partnership working, organizations from all sectors could build the bridges, required to support community participation, active citizenship and build social capital.

The working methods include practical workshops on the basics of creating short movies, writing a script, filming on location, acting, editing materials etc. Also, the working methods include many non-formal learning activities for more in-depth grasping of the problem of social inclusion.

The project design first would prepare the participants with their own attitudes and opinions, and afterwards would film what they have attained. Participants would also be welcomed to use their own footage material if that contributes to their creativity idea and contributes to their creativity processes for making short movies on the theme of social exclusion.

PARTICIPANT'S PROFILE

- 41 participant from 8 countries.
- 4 + 1 per country, 4 participants and 1 group leader.
- The participants should be between 18 and 25 years old.
- There is no age limit for the group leader.

There is no experience required for this youth exchange. However, we would like to remind you that this project is based on social inclusion/exclusion and filming. If you feel that you can contribute with your participation, you are more than welcome!





THE VENUE: SOPRON



Sopron is a historical town at the western border of Hungary, 60 km from Vienna and 220 km from Budapest near the lake Fertő. The town of „loyalty and freedom” stands as a bridge between Hungary and Austria and its location defines its character. The German-speaking culture, the medieval architecture and the region’s wine production contribute to the special atmosphere of Sopron.

PRACTICAL ARRANGEMENTS

All participants will be accommodated in basic double and triple rooms (single sex) at the Soproni Egyetemi Diákhotel, situated from 20 minutes walking distance from the center of Sopron. Please visit: <http://diakhotelsopron.hu/en/> and check the photos of the hotel. Additionally, breakfasts will be provided at the hotel and the meals nearby depending on the daily programme.

THE ADDRESS OF THE HOTEL

H-Sopron, Baross út 4. 9400.

Tel.:+36 99 518-238

Link to the Google map: [Machatsek Gyula Hotel](#)

TRAVELING TO HUNGARY

The nearest airports are listed by distance/convenience:

- Vienna International Airport – this is the easiest airport to use and is only 1 h drive from Sopron
- Bratislava Airport- 1,5 hour drive and a good alternative too
For both the these airports we can arrange a taxi upon request!
- Budapest Ferenc Liszt International Airport- from here you need to take a train/bus and it is approx. 4-5 hours from the airport



In order to find suitable connections between your airport of arrival and Sopron please check:

- trains - <http://elvira.mav-start.hu/elvira.dll/x/index?language=2> (Hungarian site but you can search for the connections from Vienna too.)
- coaches - <https://www.volanbusz.hu/en>

TRAVEL COSTS

We will reimburse your travel costs according to the rules of the Erasmus+ Programme. Reimbursement process of the travel costs will start upon presenting original tickets, receipts/invoices and boarding passes. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket, receipt or invoice. The reimbursement process will start once:

- We have all the necessary documents regarding your travel costs (invoices, tickets, and travel costs document).
- The dissemination of the results of this youth exchange has been done by your sending organization.

IMPORTANT NOTES

In line with the rules of the ERASMUS+ Programme, we would like you to make your travel arrangements using the cheapest travel options. Also, before purchasing any tickets please make sure that your travel times/cost are approved by us in advance! Contact us at erasmbudapest@gmail.com.

Depending on the travel conditions (cheaper, more convenient flights..) you are allowed to arrive or depart max. 2 days before or 2 days after the youth exchange. Extra stay will not be supported with food or accommodation if you stay longer than 2 days (unless necessary!) we do reserve the right not to reimburse part of your travel costs.

Reimbursement will be done after the youth exchange for the participants that accomplish the steps shown above. However, we can be sure to reimburse the travel cost after the youth exchange ONLY up to 80% of the total travel costs. The other 20% will be done once the project final report has been submitted and approved by the National Agency of Hungary.

If we can manage we will reimburse the whole travel costs right after the youth exchange (it depends on the entire budget of the project).

In order to have up to 100% of your travel reimbursed, please make sure you fit into the travel budget allocated per country.

Example:

If I am a Turkish participant, the 100% of the amount of the travel costs would be 360€. If I spend 300 € for travel costs, it means that I would get after the youth exchange by bank transfer, at least 288€ (80 % of the total travel costs). The rest of the amount would be transferred by bank transfer once the project report is submitted and approved by NA.



Country	Partner	Nr.of Participants	Max.travel cost
Estonia	NGO Youth Club Active	5	275 EUR
Greece	I.D.E.A.	5	275 EUR
Hungary	Mozgóképmás Egyesület	6	-
Malta	Malta UNESCO Youth Association	5	275 EUR
Portugal	SYnergia	5	360 EUR
Turkey	The Org.of Volunteer Educators in Art ans Social Act.	5	360 EUR
Serbia	IUVENTA	5	180 EUR
Spain	Sal Fuera	5	275 EUR
		41	

WHAT TO BRING

We will use our own devices for shooting and editing so mobile phones, cameras, laptops are more than welcome! Please make sure that you will have at least one laptop per national group with an editing programme (you can use your favourite, or simple free softwares like Windows Movie Maker or you can look around the web to find one you like).

SOME PRACTICAL INFORMATIONS ABOUT HUNGARY

WEATHER

The weather is really unpredictable in December, in Hungary. Can be sunny with 10 degrees but also foggy, rainy, snowy and freezing cold. Therefore, when packing your suitcase make sure you have enough clothing to wear during warm, mild or cold rainy/snowy days. Also, do not forget about a coat and/or umbrella.

FOOD

If you know only one typical Hungarian dish it is most probably the goulash soup. Warm, smokey dried paprika, rich meaty ragout. Lots of poppy seed, walnut, home-made apricot jam in the traditional Christmas cakes. Stuffed cabbage with a good spoon of sour-cream. Sounds yummy, familiar or strange? If you will have a chance try some of these: https://www.buzzfeed.com/anitabadejo/hungarian-foods-the-world-should-know?utm_term=.ageZGq2A2#.fhlmD7a6a

MONEY

Hungarian currency is Hungarian Forint (HUF). You can easily exchange foreign currency into forints at banks, and exchange office. Airports are not really recommended. All towns have at least one facility where you will be able to exchange your money. (1 EUR is approximately 300 HUF, a coffee is between 300-500 HUF, a beer is between 400-600).



HEALTH INSURANCE

Health insurance will not be provided or reimbursed by the organisers. All participants are required to purchase health insurance individually. If you live in an EU country and use a national health insurance system there, please apply for a FREE European Health Insurance Card: <http://ehic.europa.eu>

PREPARATIONS

Closer to the training course, a list of things to prepare/do before the course shall be sent out to all participants along with the provisional timetable.

CONTACT

In case of any queries please contact the project coordinator **Marina Luka** on: erasmbudapest@gmail.com or call **0036 302703974**.

We're looking forward to hearing from you! 😊